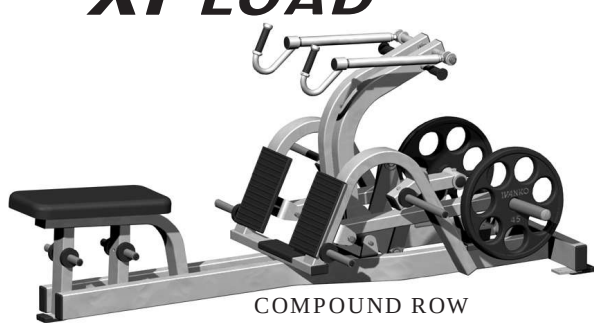


NAUTILUS
XPLOAD



COMPOUND ROW



SEATED CALF



OVERHEAD PRESS



LAT PULLDOWN



INCLINE PRESS



VERTICAL CHEST



LEG PRESS



BICEP CURL



LEG CURL PRONE



INCLINE LEG PRESS



DEAD LIFT / SHRUG



TRICEP EXTENSION



SEATED DIP



LEG EXTENSION

NAUTILUS

XPLOAD

PARTS DIAGRAM

VERTICAL CHEST

19-5225

REVISED:
February 6, 2006

PARTS AND SERVICE u 709 Powerhouse Road u Independence,
VA 24348

SERIAL # _____
through _____

P3VC P3 VERTICAL CHEST
COMP# COMPONENT DESCRIPTION

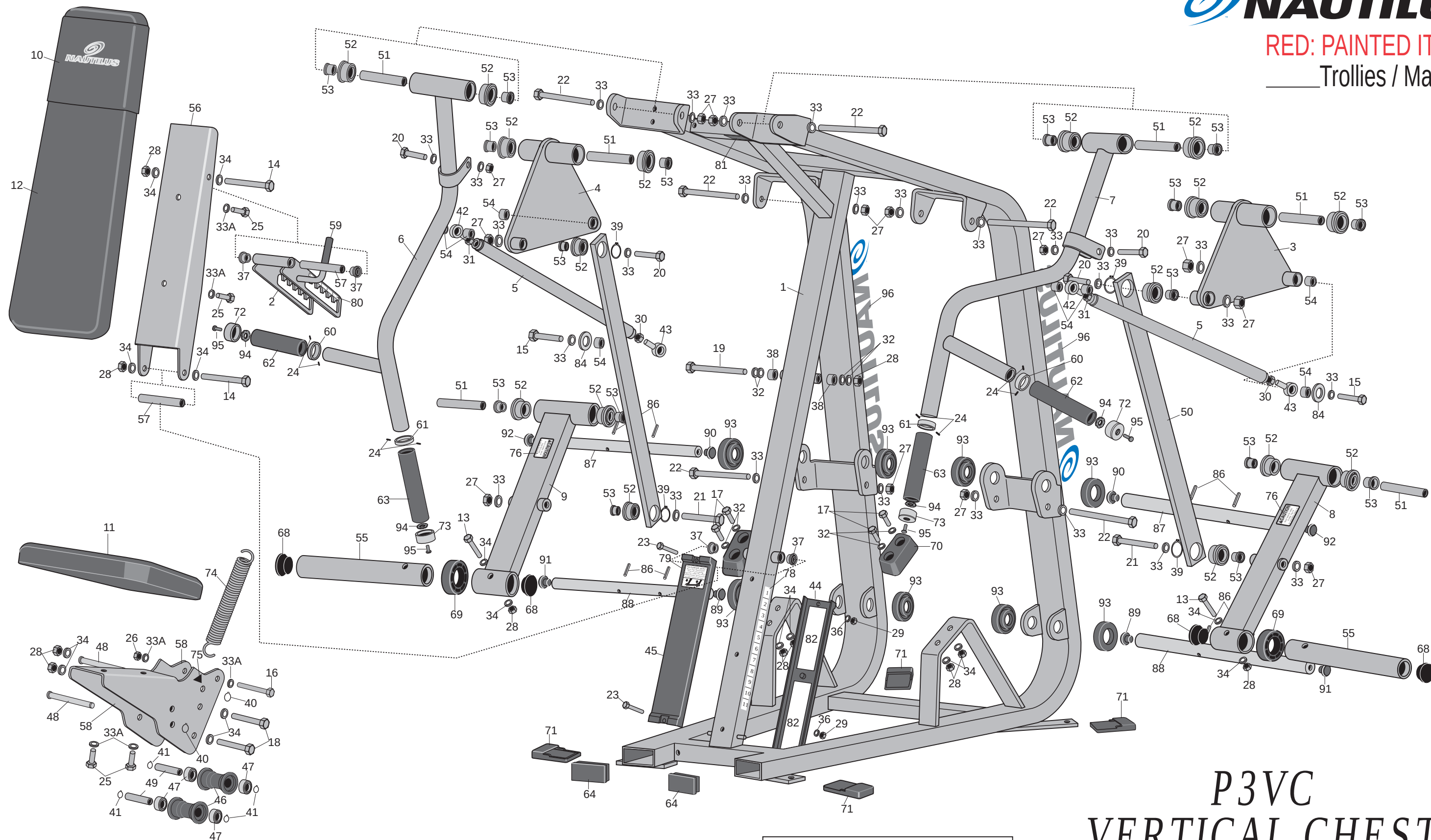
- 1BF325BACK FRAME
- 2HB325SEAT BACK RACHET STANDARD
- 3LK326LINKAGE ASSEMBLY LEFT
- 4LK327LINKAGE ASSEMBLY RIGHT
- 5LK328CONNECTING LINK
- 6MA327MOVEMENT ARM RIGHT
- 7MA328MOVEMENT ARM LEFT
- 8WA327WEIGHT ARM LEFT
- 9WA328WEIGHT ARM RIGHT
- 10UP720SLIPCOVER
- 11UP8010SEAT BOTTOM
- 12UP8210SEAT BACK
- 1301-0011BOLT HH5 1/2 X 3
- 1401-1567BOLT HH5 1/2 X 6 (BLACK)
- 1501-1520BOLT HH5 5/8-11 X 4
- 1601-1553BOLT HH5 3/8 X 4 1/2
- 1701-1560BOLT 1/2 X 1 3/4 HH5
- 1801-1564BOLT HH5 1/2 X 4 1/2
- 1901-1566BOLT HH5 1/2 X 5 1/2
- 2001-2190BOLT HH5 5/8 X 3
- 2101-2240BOLT HH5 5/8-11 X 5 1/2
- 2201-2283BOLT HH5 5/8 X 8 5/8 CUT-OFF
- 2302-4065BOLT 1/4-20 X 2 3/4 SLOTTED SCREW
- 2402-305514-28 x 1/4 SET SCREW
- 2502-9220BOLT HH5 3/8-16 X 1 1/4"
- 2603-10353/8 LOK NUT
- 2703-1067NUT NTE 5/8
- 2803-2050NUT NTE 1/2
- 2903-5101NUT BLACK 1/4-20 HEX
- 3003-51185/8-18 LEFT HAND THREAD JAM NUT
- 3103-51195/8-18 RIGHT HAND THREAD JAM NUT
- 3204-5207WASHER FLAT 1/2 SAE
- 3304-3055WASHER INT LOK 5/8
- 33A04-52133/8 LOCK WASHER
- 3404-52141/2 LOCK WASHER
- 3504-52155/8 LOK WASHER
- 3604-5225WASHER INT LOCK BLACK 1/4
- 3705-11903/4 ID X 1 X .760 BRASS BUSHING
- 3805-2012BRASS BUSHING 1/2 x 3/4 x 3/4 HEADLESS
- 3906-8166SNAP RING 1.875 ID BASIC EXTERNAL 51-187
- 4006-8180RING SNAP 1/2 ID, 5100-50 EXTERNAL THIN
- 4106-8275RING SNAP EXT. 17mm
- 4206-9035ROD ENDS 5/8-18 RH THREADS CTMD-10
- 4306-9037ROD ENDS 5/8-18 LH THREADS CTMDL-10
- 4407-5032MOLDED SEAT TRACK
- 4507-5033MOLDED SEAT TRACK 2
- 4607-5034MOLDED WHEELS
- 4707-50646203 BEARINGS
- 4807-8230CLEVIS PIN 1/2 dia X 4 1/2 L
- 4907-9376SEAT BEARING SLEEVE
- 5007-9604LINKAGE 1/2 X 2 1/2 X 33 11/16 L
- 5107-9605BEARING SLEEVE 7/8 OD X 5 33/64 L
- 5207-9607BEARING CUPS W/ MOLDED BEARING
- 5307-9610BEARING SPACERS
- 5407-9618HEIM JOINT SPACERS (5/8 ID X 7/8 OD X 1/2 L.)
- 5507-9625WEIGHT TUBE 16" L
- 5607-9661SEAT BACK SHEETMETAL
- 5707-9662SLEEVE 3/4 OD X 1/2 ID X 5" L
- 5807-9681SEAT BOTTOM
- 5909-10035/8 X 3" CLOSED END GRIP (YELLOW)
- 6009-1046GRIP RING 1.530 ID (FOR 1 1/2 DIA BAR) ALUMINUM
- 6109-9550GRIP RING (FOR 1 3/4 DIA BAR) ALUMINUM
- 6209-11111.438 X 7 OPEN END GRIP
- 6309-11161.780 X 5 1/2 OPEN END GRIP
- 6409-30552 x 4 x 11 GA FRAME PLUG
- 6509-3064HOLE PLUG 1/2 DIA WHITE
- 6609-30661 1/4" WHITE HOLE PLUG
- 6709-3072HOLE PLUG 3/8 DIA BLACK
- 6809-3091HOLE PLUG (YELLOW)
- 6909-4064WEIGHT STORAGE BUMPER, 1.875 ID X 3/4 X 3" OD RUBBER
- 7009-5010DOCK BUMPER
- 7109-5045FOOTPAD RECT (NEW)
- 7209-8054GRIP CAP 1.530 ID ALUMINUM
- 7309-9520GRIP CAP 1.780 ID ALUMINUM



COMP# COMPONENT DESCRIPTION

- 7410-1022EXTENSION SPRING
- 7512-1001SEAT INDICATOR ARROW BLACK
- 7612-1026KEEP HANDS AWAY (YELLOW)
- 7712-1380INSPECTION STICKER DECAL
- 7812-11045/8" WIDE DECAL, 1/2" INCREMENTS (1 TOP-11 BOTTOM)
- 7912-1166DECAL SEAT ADJUSTMENT INSTRUCTIONS P3
- 8012-1167DECAL SEAT BACK ADJUSTMENT
- 90a12-1185NAUTILUS LOGO DECAL
- 8112-5371INSTRUCTIONAL PLACARD P3VC
- 8219-10142 3/4 WIDE DBL. SIDED TAPE
- 8319-1291DECAL SERIAL# BAR CODE
- 8404-52085/8 SAE FLAT WASHER
- 8519-5225PARTS DIAGRAM P3VC
- OPT-WT-BARO2 WEIGHT STORAGE PARTS KIT
- 8607-70101/4 X 1 ROLL PINS
- 8707-9613WEIGHT STORAGE PIN 1 1/4 DIA CR X 25 5/8" LONG ZINC
- 8807-9671WEIGHT STORAGE PIN 1 1/4 DIA CR X 22" LONG ZINC
- 8909-4000P3 NUMBER PLUG 5 lb
- 9009-4001P3 NUMBER PLUG 10 lb
- 9109-4002P3 NUMBER PLUG 25 lb
- 9209-4003P3 NUMBER PLUG 45 lb
- 9309-4066WEIGHT STORAGE, 1.250 ID X 3/4 X 3" OD MOLDED BUMPER
- 9409-9620TUBE INSERT
- 9502-22901/4 X 1 AFH SCREW

RED: PAINTED ITEMS
 _____ Trolleys / Machine



Last Rev Date: 02/06/06

65 09-3064 1/2" DIA HOLE PLUGS
 09-3066 1 1/4" DIA HOLE PLUGS
 (USED WITHOUT WEIGHT
 STORAGE PIN KIT.)

P3VC
 VERTICAL CHEST
 Nautilus Parts Diagram